

# White's Wood Academy



## Physical Education and Sports Premium Statement

---

**PE and School Sports funding:** £18160 (£16000 + £10 per pupil)  
**Number on roll:** 216

### Context

Being in an area of relative deprivation, health (in all its facets) must be a high priority for our school. It is historically not valued enough in the community. Speaking in general terms, pupils do not have established, consistent sleep routines or eat appropriately healthy diets. A lack of opportunities for physical activity is also a problem so it is our job to promote the value of sleep, healthy eating & physical activity. We believe that improving these aspects of a pupil's life will also develop their mental fortitude and overall wellbeing. This sits perfectly with our school vision:

### Vision

Creating positive, healthy children who are well-prepared for their future

## Themes of Achievement:

In line with the Youth Sport Trust guidance and recommendations from the NHS (pupils should perform at least 60 minutes of physical activity each day), White's Wood Academy has identified the following as Themes of PE and Sporting achievement for pupils entitled to Physical Education and School Sports Premium funding:

**Healthy Active Lifestyles** – Ensuring the school is as active as possible.

- Provide structured physical activities in the playground.
- Offer daily physical activities within the classroom.
- Encourage pupils to walk, cycle or scoot to school.
- Encourage parents to be active with their children.
- Promote pupil & staff well-being and fitness.

**Using PE as a tool for whole school improvement** – Ensuring PE impacts the curriculum.

- Enhance positive behaviour and a sense of fair play.
- Improve concentration, commitment and self-esteem.
- Reduce incidences of bullying and poor behaviour at breaks and lunch times.
- Improve attendance and relationships with parents and carers.
- Improve staff confidence and morale.

**Professional Learning and your PE team** – Ensuring appropriate subject leadership and staff training.

- Improve quality of teaching and learning of PE.
- Improve confidence of staff in a range of sports.
- Improve motivation and engagement in PE lessons.
- Provide opportunities for pupils to take lead roles during lessons.

**A broad offer to all pupils** – Ensuring all pupils are offered a range of appropriately challenging and inclusive experiences.

- Promote pupil voice in making decisions on extra-curriculum opportunities.
- Offer links to outside sports clubs and organisations.
- Target groups of pupils who are less active; working with them to address their participation.
- Provide a range of sports and activities too all pupils both in and out of the curriculum.
- Provide stretch and challenge for higher ability pupils.

**Competition for all** – Ensuring that pupils are offered opportunities to compete.

- Provide opportunities to take part in a range of competitions.
- Take part in National School Sports Week, provided by the Youth Sports Trust.
- Provide opportunities for talented pupils to compete on local, regional and national levels.



**Planned expenditure (Future implementation)**

**A. Quality of teaching for all**

Intent	Implementation	Evidence & rationale	How will we ensure it is implemented?	Staff lead	How will we review?	Cost	Review (Jun 2023)
<p>Improve the quality of PE &amp; sport provision.</p>	<p>Monitoring &amp; training of teachers for PE</p> <p>PE curriculum (scheme) implemented</p> <p>Sports Teacher employed to model the teaching of quality PE lessons.</p> <p>Gainsborough Trinity employed to deliver golf lessons to Y5</p> <p>Resources (athletics equipment, swimming kit, School team / squad kit)</p> <p>Subject leader release time</p> <ul style="list-style-type: none"> <li>- Monitoring</li> <li>- Deep Dives</li> <li>- CPD</li> <li>- Staff training</li> <li>- Curriculum planning</li> <li>- PE scheme</li> </ul>	<p>The PE curriculum was dated and had narrowed over time. We want to expose children to a wider range of sports and physical activities as well as improving the quality of T&amp;L in PE. In order to do this, we are providing a curriculum that is broad in experience but discrete and focused in the transferable skills necessary for pupils to make the progression needed.</p> <p>With the curriculum widening and more sports being taught it is important that all teachers have the access to PE resources when they need them. Through the use of a new curriculum, resources generated from the PE lead and access to a PE scheme, teachers will have an increased confidence throughout the year.</p> <p>Over time, a lot of our sports equipment has become worn down. Some restrictions that were on our current curriculum were based on the limited amount of sports equipment available.</p>	<p>Monitoring of T&amp;L in PE (Deep Dives)</p> <p>Feedback from Chatter Groups.</p> <p>Staff training &amp; support from PE lead (staff meetings, schemes of work provided)</p>	<p>PE Lead, HOS,</p>	<p>Subject Leader sessions</p> <p>Monitoring analysis (e.g following chatter groups)</p> <p>Deep Dives.</p>	<p>£0 (PE scheme already paid for 3-years)</p> <p>£4900 (Sports teacher)</p> <p>£2350 (Gains Trinity bronze)</p> <p>£480 (resources)</p>	<p>Monitoring of PE gives a clear insight into quality of education &amp; development in the subject. MW has a good handle on strengths &amp; areas to work on.</p> <p>PE monitoring needs to be spread over a week, rather than one full day as a Deep dive to enable wider information gathering &amp; support.</p> <p>The curriculum is broad and children are having access to a range of different units.</p> <p>Next steps are to ensure that the pupils are making links between subjects while finding similarities and differences between them.</p> <p>From next year, the pupils will be baselined in PE and Mr Weaver will oversee this process.</p> <p>External coaches have supported the process of broadening PE experience, while also acting as suitable CPD for the development of staff.</p> <p>Next year, we will re-invest in the sports coach(PJ) to act as a form of CPD for staff while continuing to broaden the PE experience. We will not re-invest as much in the</p>

							Gainsborough Trinity offer due to us not benefitting from the full bronze package that was purchased prior to the year starting.
Children are more physically active	<p>Increased number and variety of after school clubs</p> <p>5-minute daily exercise</p> <p>Table Tennis Club after school with PJ.</p> <p>Gainsborough Trinity to run a weekly after-school club</p>	<p>The health (physical, mental &amp; emotional) of our children is an area of concern. Aspirations have historically been low and poor diet, lack of sleep &amp; low self-esteem are common barriers to learning.</p> <p>Through increased emphasis on daily exercise, the children will develop a keen respect for health. This will allow the children to feel better and place more important on their well-being which includes diet and sleep.</p> <p>Through the increased variety of clubs, we plan for the children to develop interest in a wider selection of sports that are available to them. This will create more opportunity for a development in a sport of their interest, which will in turn generate a higher level of aspiration.</p>	Monitoring levels of physical activity of children (surveys, chatter groups, after school club analysis)	PE Lead, HOS,	Termly Chatter groups analysis, pupil interviews, parent surveys	£950 (Table Tennis Coach)	<p>Pupil fitness has continued to improve over the year and the pupils are engaging with the PE curriculum, as well as participating in a greater range of after school clubs.</p> <p>After school clubs include cricket, table-tennis, athletics, tag-rugby, rounders and netball.</p> <p>The Daily Exercise has been impacted by a busy timetable and due to this it has been re-thought for the start of next year.</p>
Children's understanding of improving their own well-being is developed	Forest Schools sessions regularly for all pupils.	<p>Well-being is one of our key values... Historically poor well-being &amp; understanding of how to improve it has been poor</p> <p>Sustainability – well-being of the planet</p> <p>Skills learnt are practical life skills</p>				£6480	<p>Forest Schools has provided our pupils with the opportunity to learn practical life skills that can be used in the future as well as develop their understanding of sustainability.</p> <p>This will not continue next year as some of the lessons have not achieved the required outcomes originally expected</p>

Increased opportunities in competitive sports for all	<p>Youth Sports Trust membership</p> <p>Gainsborough School Sport cluster membership</p> <p>School Games membership</p> <p>Intra-Trust competitions</p>	<p>Engagement in competitive sports is important part of what we offer at our school. We are looking to broaden the offer by incorporating different sports to engage a wider range of children.</p>	<p>Monitoring participation in sports competitions (netball, football, swimming, cross country, rugby, volleyball, athletics, cricket, dance)</p>	<p>PE Lead, HOS</p>	<p>Continually monitor number of participants in school sport competitions.</p> <p>Analyse results to see trend over time</p>	<p>£1100 (includes staffing &amp; transport costs for events)</p>	<p>This year, the school took part in the Gainsborough Swimming Gala. During the competition, the children were able to finish 1<sup>st</sup> in the large schools' girl's competition and the overall girl's competition. In addition to this, the school was able to participate in 3 Gainsborough Trinity planned events purchased as part of the bronze package. This included competitions in football and netball.</p> <p>Over the next year, greater effort will be made to organise more Intra-Trust competitions as well as an Intra-Trust Olympics</p>
Improved mentality towards healthy active lifestyles.	<p>Healthy snack days (including marketing &amp; prizes)</p> <p>External fitness support that includes the participation of adults.</p>	<p>Poor diets are common amongst our pupils. By promoting healthy eating and the inclusion of Health Snack days, we hope that improved diet will become a focus value for each of our pupils.</p> <p>Pupils will be more eager to engage with our culture of a Healthy Active Lifestyle if they see the value of it. We hope that by including parents within this we can encourage children to be part of this vision outside of school too. Another feature to creating sustainable improvement for the children is to allow them to develop ownership. Through the introduction of the Health Mentors, the pupils will feel more empowered and create the opportunity for the longevity of the school vision.</p>	<p>Termly Healthy Snack Day competition. Monitor in-school food (including tuck &amp; lunches)</p> <p>Parent /child / teacher fitness sessions</p> <p>Reports from HM, Chatter groups, HMs meetings (with PE lead &amp; PSA)</p>	<p>HMs, PE Lead, HOS</p> <p>MW, HMs, PE Lead,</p>	<p>Weekly Health Mentors meetings, termly Chatter group analysis</p>	<p>£250 (HSD)</p> <p>£500 (parent fitness session)</p>	<p>Healthy snack days were successful. Pupils are aware of the benefits of healthy eating and are able to identify healthy snacks. Throughout the year, the number of participants increased during each Healthy Snack Day</p> <p>The Health Mentors organised a logo that has been branded on to new T-shirts that have been purchased, as well as new Health Mentor pens. This next year, will see the Health Mentors trialling a new termly competition.</p>

Create enrichment within our PE provision. Give real life experiences to the children in order to boost aspiration.	Educational visits. Visits to elite level competitions. External visitors. (Professional athletes and health specialists)	Historically the pupils within the local area have lacked aspiration as well as real life experiences. Through the introduction of fresh, real life experiences, the children will develop their cultural capital.	Feedback with HOS.  Discussions and analysis with other Sports leads.	PE, HOS,	Termly chatter groups, parent surveys and pupil interviews.	£1000	Athlete planned for Autumn 23 (This hasn't happened & the money was reassigned to resourcing for sports day (lines marked out, field cut twice etc)
						<b>Total spend: £18,160</b>	

**How the school will measure the impact of the Physical Education and School Sports Premium:**

We will combine quantitative & qualitative methods, including lesson observations, monitoring attainment & progress of pupils & pupil questionnaires. We will also assess every pupil in the key strands in PE (as identified by our PE Subject Leaders) termly. At Whites Wood Academy, we will swiftly identify the need for support and intervention. A review of this document will take place in accordance with the timetable within the Strategy.

**Date of next Physical Education and School Sports Premium Strategy Reviews: July 2023**