



ideal

MEALS

for  
Schools

Term Three

6th January - 14th February 2025

IDEALSCHOOLMEALS.CO.UK

# Welcome to our Term 3 Menu!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here [idealschoolmeals.co.uk/  
allergen-advice](https://idealschoolmeals.co.uk/allergen-advice)

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



**SIMPSONS  
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.



**JHULL**  
WHOLESALE  
QUALITY FRESH PRODUCE

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.



**Bloomsbury**  
BAKERY

More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

# Coming theme days...

Thurs  
16th  
Jan



## School Meal Extravaganza

Joining us for lunch today, not only provides opportunity to enjoy some of the favourite school lunch options, it also boosts funding for your child's school.

Fri  
24th  
Jan

## BIG GARDEN BIRDWATCH



The Big Garden Birdwatch takes place between 24th - 26th January. Everyone can take part in the world's largest garden wildlife survey, at home, or at school. The results, along with those taken from surveys in schools throughout this term, helps scientists form a snapshot of how birds are faring across the UK.

Our ever popular Birdwatch Brunch returns, with a fitting shortbread biscuit for dessert.

Wed  
29th  
Jan

## CHINESE NEW YEAR

Chinese New Year celebrates the first day of the first month on the Chinese calendar. It is also called the Spring Festival and is the most important of the traditional Chinese holidays.

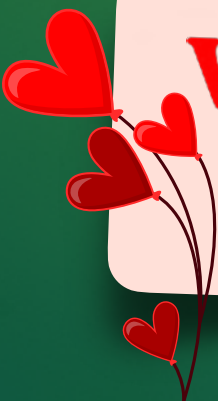
Each year is represented by a different animal, called a Chinese zodiac sign, this being the Year of the Snake. Legend has it that people born during under that sign have similar traits to the animal.



Fri  
14th  
Feb

## Valentine's Day

A day to recognise close friends and loved ones. Be it exchanging handmade cards, baking sweet treats, or simply spending quality time together.



# Happy New Year

	Monday 6th Jan	Tuesday 7th Jan	Wednesday 8th Jan	Thursday 9th Jan	Friday 10th Jan
<b>Lunch Option 1</b>	Creamy Tomato Pasta & Bread Selection	Lincolnshire Sausage	Cheese & Tomato Pizza Slices & Ketchup	Beef Pasta Bolognese	Breaded Fish Fingers
<b>Lunch Option 2</b>	Cheese, Bacon & Potato Bake	Sliced Gammon Ham (served chilled)	Baked Potato with Mega Mild Beef Chilli	Mild & Creamy Coconut Chicken & Rice	Breaded Vegetable Nuggets
<b>Lunch Option 3</b>	Mild Mixed Bean Chilli & Baked Potato	Veggie Bean Burger	Quorn & Vegetable Cottage Pie	Stuffed Pepper in Tomato Sauce	Cheese & Bean Pasty
1, 2 & 3 served with	Mixed Vegetables	Mashed Potato & Baked Beans	Peas, Sweetcorn & Carrots	Mixed Vegetables	Diced Roast Potatoes, Spaghetti Hoops & Cucumber Slices
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Ice Cream Sponge Roll	Chocolate Pear Sponge & Chocolate Sauce	Vanilla Sponge & Raspberry Ripple Icing	Tutti Frutti Biscuit	Gingerbread Muffin & Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# School Meal Extravaganza

	Monday 13th Jan	Tuesday 14th Jan	Wednesday 15th Jan	Thursday 16th Jan	Friday 17th Jan
<b>Lunch Option 1</b>	Macaroni Cheese & Bread Selection	Roast Chicken & Mashed Potato	Beef Cottage Pie	Breaded Chicken Grill	Battered Fish Fillet
<b>Lunch Option 2</b>	Veggie Pizza Bagel	Creamy Tuna & Sweetcorn Pasta Bake	BBQ Bacon Pasta Bake	Ham & Cheese Pizza Slice	Quorn Sausage & Cheese Wrap
<b>Lunch Option 3</b>	Quorn Mince & Vegetable Curry & Rice	Quorn Sausage, Baked Bean & Mash Pie	Cheese Filled Potato Shells	Cheese & Potato Pasty	Quorn Dippers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes & Baked Beans	Oven Chips, Peas, Carrots & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Oat Cookie	Jelly & Mandarins	Flapjack	Chocolate Cracknel	Banana & Berry Sponge Cake & Custard
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# THE BIG GARDEN BIRDWATCH

Friday 24th January

	Monday 20th Jan	Tuesday 21st Jan	Wednesday 22nd Jan	Thursday 23rd Jan	Friday 24th Jan
<b>Lunch Option 1</b>	Tomato Macaroni Pasta Bake & Bread Selection	Roast Gammon	Mild Chicken Tikka Masala, Rice & Pitta	Beef Lasagne	<b>The Big Garden Birdwatch Brunch - Lincolnshire Sausage &amp; Roll</b>  Cheese, Bacon & Ketchup Wrap  Quorn Sausage & Cheese Brunch Muffin  Hash Brown & Baked Beans  Jacket Potato with a selection of fillings  Sliced Ham Baguette  Served with Mixed Salad  Shortbread Bird Biscuit  Yeo Valley Organic Yoghurt  Fresh Fruit
<b>Lunch Option 2</b>	Cauliflower, Broccoli & Potato Cheese Bake	Garlic & Herb Chicken	Cheese & Ham Potato Shells	Fish Pie	
<b>Lunch Option 3</b>	Mild Mexican Bean Wrap	Cheese & Tomato Pizza Bagel & Ketchup	Vegetable Lasagne	Quorn Sausage, Baked Bean & Mash Pie	
1, 2 & 3 served with	Mixed Vegetables	Diced Roast Potatoes & Peas, Carrots & Sweetcorn	Mixed Vegetables	Mixed Vegetables	
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	
<b>Dessert Option D</b>	Cocoa Oat Cookie	Marble Buttercream Sponge Cake	Apple & Fresh Cream Sponge Cake	Banana & Hot Chocolate Custard	
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

# CHINESE NEW YEAR

Wednesday 29th January



	Monday 27th Jan	Tuesday 28th Jan	Wednesday 29th Jan	Thursday 30th Jan	Friday 31st Jan
<b>Lunch Option 1</b>	Cheese & Tomato Pizza Slices & Ketchup	Sliced Gammon Ham (served chilled)	Breaded Chicken with Sweet & Sour Dipping Sauce	Beef Bolognese Pasta	Breaded Fish Fingers
<b>Lunch Option 2</b>	Cheese Topped Veggie Cottage Pie	Breaded Vegetable Nuggets	Chinese Chicken Curry Noodles	Creamy Chicken Cottage Pie	BBQ Chicken Breast
<b>Lunch Option 3</b>	Potato, Lentil & Vegetable Curry with Rice	Veggie Bean Burger	Chinese Vegetable Curry Noodles	Vegetable Ratatouille & Pasta	Vegetable Puff Pastry Pie
1, 2 & 3 served with	Mixed Vegetables	Diced Roast Potatoes & Baked Beans	Rice & Mixed Vegetables	Mixed Vegetables	Mashed Potato, Peas, Carrots & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Butterscotch Cookie	Chocolate Sponge & Chocolate Sauce	Mango Sponge Cake	Jelly & Mandarins	Cherry Shortbread & Melon Slice
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Try the delicious

# SIMPSONS BUTCHERS

Puff Pasty Sausage Rolls!

...an all time favourite!

	Monday 3rd Feb	Tuesday 4th Feb	Wednesday 5th Feb	Thursday 6th Feb	Friday 7th Feb
<b>Lunch Option 1</b>	Creamy Tomato Pasta & Bread Selection	Simpsons Puff Pastry Sausage Roll	Roast Chicken & Mashed Potato	Mega Mild Beef Chilli, Rice & Garlic Bread	Breaded Fishcake
<b>Lunch Option 2</b>	BBQ Bacon Pasta Bake	Cheese & Bean Pasty	Beef Cottage Pie	Stuffed Pepper in Tomato Sauce	Cheese & Tomato Quesadilla
<b>Lunch Option 3</b>	Quorn & Vegetable Cottage Pie	Breaded Vegetable Fingers	Homemade Quorn Toad in the Hole & Mashed Potato	Cheese Filled Potato Shells	Cheese & Tomato Egg Muffins
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Mashed Potato & Baked Beans	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes, Spaghetti Hoops & Cucumber Slices
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Tutti Frutti Biscuit	Toffee Sponge Cake & Custard	Chocolate Cracknel & Orange Wedge	Flapjack	Gingerbread Muffin & Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# Valentine's Day

Friday 14th February



	Monday 10th Feb	Tuesday 11th Feb	Wednesday 12th Feb	Thursday 13th Feb	Friday 14th Feb
<b>Lunch Option 1</b>	Macaroni Cheese & Bread Selection	Mild & Creamy Coconut Chicken Curry & Rice	Beef Lasagne	Roast Chicken	Lincolnshire Beef Burger & Fresh Bloomsbury Roll
<b>Lunch Option 2</b>	Quorn Sausage, Baked Bean & Mash Pie	Tuna & Tomato Pasta Bake	Cheese & Ham Potato Shells	Fish Pie	Cheese & Tomato Pizza Slices
<b>Lunch Option 3</b>	Quorn Mince & Vegetable Curry & Rice	Vegetable Lasagne	Mild Mexican Bean Wrap	Cauliflower & Broccoli Cheese Bake	Vegetable Fingers & Fresh Bloomsbury Roll
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes & Mixed Vegetables	Baked Beans & Crudit� Platter
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Oat Cookie	Chocolate Sponge & Chocolate Sauce	Jelly & Fruit (Melon Slice or Mandarins)	Apple & Fresh Cream Sponge Cake	Valentines Shortbread
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

# **We love to talk about what we can offer your children**

We are always on hand to  
answer any questions in relation to our service.

Contact us at any time using the details below.

## **Telephone**

**01522 246424**

## **email**

**[enquiries@idealschoolmeals.co.uk](mailto:enquiries@idealschoolmeals.co.uk)**

Follow us on social media.

It's a great way to see some of the meal  
options on offer.



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