

## Myth Busters for Paediatrics Referrals!

### What parents have said to us:

My doctor has said they cannot refer to paediatrics, it has to be school

This is not true; your GP can refer your child for a paediatric assessment.

School decide which children will be referred to a paediatrician

School will always listen to parents and discuss referring to the paediatrician. However, the Lincolnshire Paediatric Team now expect parents to complete a parenting course first so it is likely that you will be signposted to do this.

School have said my child does not have ADHD/Autism.

School staff are not medically trained to diagnose, therefore would not make these assessments. Medical professionals do this and we would act upon an official diagnostic report.

Paediatrics won't assess my child if their behaviour is bad at home and not at school.

This one is true. Recently the paediatric team told us that: **Lincolnshire Community Paediatric Service is not commissioned to provide a service to young people with behaviour problems which only occur for parents/carers and not in the educational setting.** Instead they ask parents to complete a parenting course.

If I am asked to do a parenting course, it means I am a bad parent.

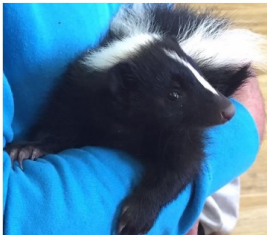
Not at all! We all know parenting is hard work. Parents who have completed the course always come back with really positive feedback, for example, 'I realised it was about changing my behaviour rather than trying to change my child's behaviour'



# Get In Touch

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## About Us

Parents and Autistic Children Together (PAACT) provides whole family support through training programmes, conferences, workshops, activities, and support group meetings

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